

Revel in Summer

Dear God,

Let us revel in summer. Let us soak up the long days and warm sun.

May our feet walk on sandy beaches and our heads rest on thick grass under blue skies. May we listen to and marvel at the singing of the birds and stop to watch blissful children at play.

This summer, God, may our breathing slow and our hearts open. God help us to be present to all that is, so that we might best see all that might be.

Source: David Johnson